



"Saving Lives and Reuniting Families"

Allen

“All too often we hear the story of how someone turns to heroin after becoming addicted to prescription drugs. We never think that one day we might be **that** person. Thankfully for me I found Freedom House before going down that desolate road.

My journey began at the age of 31 after having back surgery. My doctor prescribed opioids to manage the pain. A year and a half later when I could no longer get a prescription from my doctor I turned to buying them illegally. I quickly turned to criminal activity to fund my addiction. Through all this I became divorced and my family relationships were crumbling.

There I stood facing sentencing through my county Drug Court system. A recommendation was made to Drug Court to allow me to attend Freedom House. Thanks to Freedom House on March 13th, 2017 I celebrated 1 year of sobriety. Their programs are structured to fit the individual needs of the client. I began my road to recovery by attending the halfway house program and progressed at a pace that helped me to be successful in my sobriety. The treatment did not end there. Once I completed the halfway house program I stepped down to the outpatient program. This continuum of care has helped me develop support systems, establish a professional career, and learn how to deal with my chronic pain without medication. Freedom House has taught me how to be responsible and accountable for daily living; my relationships with family have grown stronger as I reestablish their trust; I am a productive member of society and I give back by helping others.

Without Freedom House I would have remained in active addiction. I am convinced I would have turned to heroin and eventually ended up a statistic. Thanks to Freedom House sobriety is my priority. I focus on doing what is right and continue my spiritual journey in life.”