



"Saving Lives and Reuniting Families"

Alex

One would think that 13 years of sobriety from drugs and alcohol might mean smooth roads ahead. After all 13 years is a long time. That is where I went wrong. Recovery is not an end to a means; it is something that needs constant work. I found that out the hard way. Depression led me back to drinking and for six months I was in that downward spiral. Literally through the Grace of God and a recommendation from my Church I found Freedom House. I voluntarily checked in and that is where the transformation happened.

Freedom House gave me the tools to think again, get back to doing what I love and most of all gave me back my family. To me, sobriety is a matter of life and death and today I choose to LIVE!