

# Freedom House 5K Registration Form

## May 11th - Duke Island Park

The event is sanctioned by USA Track & Field

Please Print Legibly

“Age and Gender required for Age Group Awards”

### Registration Fees for 5K and 1 Mile Fun Walk:

Adults: Early Bird \$25 By March 1st  
Pre-Registration \$30  
Day of Registration \$35

Ages 6–12: \$10      Ages 5 and under: FREE

USATF Member # \_\_\_\_\_

Grand Prix Member:  Yes  No

\$3 discount to USATF Members

### Check One:

5K

1 Mile Fun Walk

Enclosed please find my payment in the amount of: \$ \_\_\_\_\_

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender:  Male  Female

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (        ) \_\_\_\_\_ - \_\_\_\_\_ E-mail \_\_\_\_\_

### Award Categories:

- Top male & female per age group: 12 & Under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+
- Top 3 overall male & female

**WAIVER OF LIABILITY:** In consideration for the acceptance of my entry, I, on behalf of myself, my heir, executors, administrators, and assignees, hereby release myself and discharge the Somerset County Park Commission and the County of Somerset, its elected and appointed officers, agents, volunteers and employees, Freedom House, Inc., associated sponsors, volunteers and all other sponsors or beneficiaries and their representatives, successors and assignees for all claims for damages and causes of action arising from or out of my participation in Freedom House 5K Run & 1 Mile Fun Walk. I attest that I am physically fit for this event. I hereby certify that I have read all the terms and conditions of this of this release and intend to be legally bound thereby.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature (If under 18 years of age)

\_\_\_\_\_  
Date

**Method of payment:**  Cash  Credit Card\*  Check (Make payable to Freedom House)

\*Credit card orders please call Tracy Moran at (908)617-5492 to pay over the phone or use the “Donate Now” button on the Freedom House website [www.freedomhousenj.org](http://www.freedomhousenj.org) and make note that the donation is for a 5K registration.

**T-Shirt Size:** Small Medium Large X-Large 2XL 3XL

(Please circle one)

**Mail all forms to Freedom House - 5K, 2004 Route 31N, Suite #9, Clinton, NJ 08809**