



## **Freedom House Outpatient Services**

### **ADMISSION CRITERIA**

Freedom House Outpatient services will initially serve adult clients, with a goal of developing services specifically for adolescents in the future.

Adult and adolescent clients who meet the DSM TR (Diagnostic and Statistical Manual of Mental Disorders) criteria for substance abuse or dependence are eligible for admission to the outpatient and/or intensive outpatient services. The program prohibits discrimination based on race, ethnic background, disability, gender, sexual orientation, religion, or age. The American Society of Addictions Medicine (ASAM) criteria is used to determine placement in the level of care.

All levels of care are designed to allow for the client to experience an individualized treatment program. Each level has a variable length of stay; and clients may participate in several levels of care based on their needs. An episode of treatment may consist of sequential participation in several levels of care, or concurrent participation in several levels of care. For example, the client may participate in a group that meets twice weekly initially, and decrease their involvement to a group that meets once weekly as they progress with recovery. Individual sessions are scheduled concurrently with group sessions when a client is involved in a group component.

Clients who meet ASAM criteria Level I, (Outpatient Services), are eligible for admission to individual and group sessions. Clients who meet ASAM criteria Level II.I, (Intensive Outpatient Services), are eligible for admission to the intensive outpatient program (minimum nine hours per week).

Clients who meet the ASAM criteria for residential services or inpatient services are referred to corresponding level of care prior to scheduling a time to start outpatient services. An outpatient admission can be arranged during the residential treatment episode (for example Freedom House Halfway House clients), or as follow-up care to residential or inpatient services.